



Nomination and Appointment Process

Did you know that:

- Epilepsy affects more than 300,000 children under the age of 15;
- Epilepsy affects nearly 3 million people in the United States and 65 million people worldwide;
- Teens and young adults with epilepsy face more challenges than many of their peers, like loss of self-esteem and personal isolation;
- Early recognition and treatment are keys to the best possible outcome;
- You can make a difference!

As an Athletes vs Epilepsy Youth Ambassador you can help lead the fight against epilepsy in your community and nationwide! The success of Athletes vs. Epilepsy rests in the hands of its voluntary leadership board and ambassadors, like yourself, who are passionate about making an impact. The Epilepsy Foundation is thankful of the volunteers who give of their time, talent and passion to support its mission.

WHAT IS THE EPILEPSY FOUNDATION?

The Epilepsy Foundation, a national non-profit with more than 50 affiliates and chapters throughout the United States, has led the fight against seizures since 1968. The Foundation is an unwavering ally for individuals and families impacted by epilepsy and seizures. The Foundation works to prevent, control and cure epilepsy through community services; public education; federal and local advocacy; and supporting

research into new treatments and therapies. The Foundation works to ensure that people with seizures have the opportunity to live their lives to their fullest potential.

The mission of the Epilepsy Foundation is to lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.

WHAT IS ATHLETES VS EPILEPSY?

Athletes vs. Epilepsy affirms the positive message of the Epilepsy Foundation and embodies it through action. Athletes vs. Epilepsy is a nationwide program for athletes, coaches, volunteers and fans to raise awareness, build participation and help fund the Epilepsy Foundation's mission to stop seizures and SUDEP (Sudden Unexpected death of someone with Epilepsy), find a cure and overcome the challenges created by epilepsy through efforts including education, advocacy and research to accelerate ideas into therapies, treatments and medicines. The Athletes vs. Epilepsy initiative brings awareness in all sports through participation by athletes of all ages and skill levels, as well as their supportive friends, family and teammates.

Athletic events provide the unique and prime opportunity to bring like-minded individuals who are passionate about a sport or team together. Their passion and energy is directed toward one goal: to overcome a challenge and win.

Athletes vs. Epilepsy will utilize these opportunities to inspire individuals to direct the same passion and energy towards overcoming, surpassing and winning vs. epilepsy.

Athletes vs. Epilepsy will create awareness and funds for the core mission of the Epilepsy Foundation by:

- Working with schools, youth sport teams and athletic leagues, and recreational organizations and community centers;
- Providing informational materials to share and distribute; such as First Aid for seizures cards and posters, and managing epilepsy & seizures brochures;

- Sharing stories of courage from individuals living with epilepsy and AthletesVsEpilepsy.com, through AvE Goal Posts Blog Forum, school assemblies, class and team discussions, and fundraising pages; and,
- Building events in communities across the country and around the world to further the Foundation’s mission, such as the Athletes vs Epilepsy Nothing But Net event, Kick-A-Thon and awareness games.

WHAT AM I REQUIRED TO DO AS A YOUTH AMBASSADOR?

Athletes vs Epilepsy Youth Ambassadors strive to make a difference in their local communities, schools and sports teams. We look are looking for motivated athletes of all skill levels and sports. Youth ambassadors will be dedicated to developing and providing input on new fundraising and awareness campaigns and events geared toward youth with epilepsy, their peers and the community surrounding them.

What are the requirements to become an Athletes vs Epilepsy Youth Ambassador?

- You are 18 years old or under;
- You have your parents’ or guardian’s permission, if you are under the age of 18 years old;
- You participate in a sport or some form of athletic activity or exercise;
- You are willing and able to dedicate time to participate and make a difference;
- You are willing and able to help create and/or participate in local Athlete vs. Epilepsy and Epilepsy Foundation events; and
- You are willing and able to serve as a Youth Ambassador for at least one full year
- You are committed to help improve the lives of those living with epilepsy by spreading awareness and raising funds and will complete at least one Awareness activity and one Fundraising activity; (Download the Awareness and Fundraising Activity worksheet.)

What else do I need to provide or do as an Athletes vs Epilepsy Youth Ambassador?

- Provide a biography about yourself which includes your personal story about why you are participating as an Athletes vs Epilepsy Youth Ambassador;
- Be willing to distribute Seizure Smart materials to your local schools, youth sports teams, community groups, etc. to raise awareness;
- Be willing to create your own fundraising campaign or participate in one of the many the Foundation has to offer (see Awareness and Fundraising Activity worksheet);
- With your parent's permission you can contribute to and participate in Athletes vs Epilepsy social media messaging from your social media account(s) by using the hashtag #AthletesVsEpilepsy and by liking, sharing, retweeting, and commenting on the Foundation's social media posts at
 - Facebook: <https://www.facebook.com/EpilepsyFoundationofAmerica>
 - Twitter: @EpilepsyFdn; and
 - Instagram: @EpilepsyFdn.
- With your parent's permission, you can write and share your story, in consultation with Foundation staff, and/or commenting periodically to the AvE Goal Posts blog forum (<http://www.epilepsy.com/connect/forums/athletes-vs-epilepsy-goal-posts>). You can also comment on other people's post, too.
- Explore other ways to support the Epilepsy Foundation at <http://www.epilepsy.com/make-difference>; and
- Be healthy and have fun!

Applicants are asked to submit the following information:

- Complete the Athletes vs Epilepsy Youth Ambassador Application form;
- Letter of intent/interest – Please include any special skills that would relate to the mission and goals of the Athletes vs. Epilepsy program and the Epilepsy Foundation;
- Consent form signed by your parent or legal guardian (download consent form on website)
- Provide a list of other volunteer activities
- Letter of reference from three non-family members who know you personally (Example: school counselor, teacher, friend of the family, coach, employer)

- Include an official copy of your most recent school transcript with your application

Application materials should be forwarded to:

Athletes vs. Epilepsy Youth Ambassadors

c/o Nichole Manning-Ashe
Assistant Vice President of Development
8301 Professional Place – East
Suite 200
Landover, MD 20785-2353

Or emailed to:

Nmanning-ashe@efa.org

Review of Materials and Appointment Process

Please allow at least 45 days for your application to be reviewed. You may be asked to participate in a telephone interview to further discuss your qualifications and interest. A majority vote is required by the Leadership Board for appointment to the Board or as an Athletes vs Epilepsy Youth Ambassador.

Terms of Service

Athlete vs Epilepsy Youth Ambassadors commit to serving on full year. Ambassadors may serve additional terms at that their request, the request of the Foundation or the request of Athletes vs Epilepsy Leadership Board members.

Thank you for your interest and support of the Epilepsy Foundation and Athletes vs. Epilepsy!

